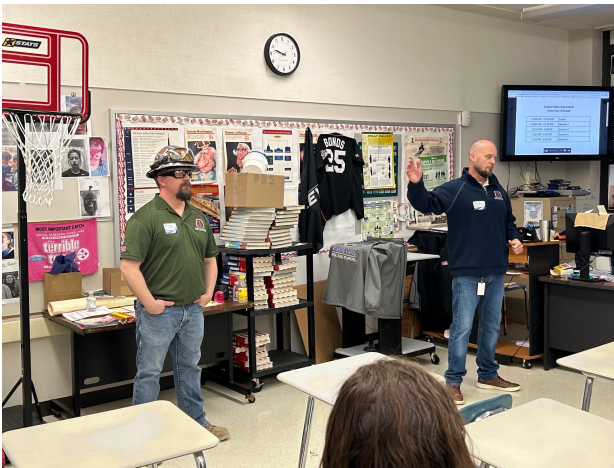




"The Central Valley School District will be the leading educational model fostering individual success for all students."

Central Valley High School Holds Career Day



Many believe that an important component of our educational system is to better prepare students for the workforce and life after high school. On **March 3rd**, Central Valley High School hosted a Career Day that hoped to help achieve that objective.

Guidance Counselors **Ms. Watts** and **Ms. Istik** along with Guidance Secretary **Ms. DeWeese** organized a Career Day this year in which thirty-nine different career fields were represented ranging from civil engineering to carpentry to meteorology. Many of the presenters who volunteered their time for our student body were comprised of former alumni of CVSD or local business owners.

In the morning, the entire high school staff created lessons and assignments in their classes that were aligned to the Chapter 339 Career and Technical Education Standards. Then in the afternoon, students were given the opportunity to sign up for four different sessions in which they were most interested in learning more about. During these sessions, presenters talked not only about qualifications and skills needed but also about how their jobs have changed and what they may look like in the future. Students were also given time to ask questions to each of the presenters.

A huge "thank you" goes out to all of those who helped organize and provide such a wonderful learning experience to all our student body.



IN OUR HIGH SCHOOL:

CVHS Celebrates Black History Month

Throughout the month February, teachers at Cental Valley High School helped celebrate Black History Month by creating lessons dedicated to African Americans and their contributions to American society.

In Chorus **Ms. Damp's** students, for example, students learned the jazz standard, "Don't Get Around Much Anymore" by Duke Ellington and discussed his contributions to the jazz genre. After reading Act IV of *The Crucible*, **Ms. McCracken's** English 11 classes watched a TED Talk by Clint Smith, an African American poet and teacher, on injustice and ignorance. After watching the clip, they compared and contrasted his thoughts about high school students and the characters of *The Crucible*, and how they are more similar than different. In her Journalism class, students made flyers on *Publisher* promoting a famous African American that would be "coming to our school" for an assembly. The flyer will include a small summary paragraph, facts, statistics, and pictures of the famous speaker. **Ms. Santillo's** Chemistry classes created a periodic table of Influential African American chemists, scientists, and inventors while **Ms. Hufnagle's** FCS classes learned about distinctive and culturally-rich Soul, Cajun and Creole foods and prepared them.

Overall, students created many research projects, watched videos, read stories and poems that helped gain a deeper knowledge and understanding of why Americans celebrate this month annually.



CVHS Students Qualify for National Competition in Orlando



During the months of **February** and **March**, **Ms. Goss's** students continued to compete in a number of academic games with their sights set on the national tournament in Orlando, Florida on April 21-24th. On March 30th, **Senior Cassidy McCracken**, **Junior Katrina Panek**, and **Freshman Juliana Kitsko** competed in the final regional AGLOA competition, Forensics, at Riverside High School. Cassidy placed 2nd in Extemporaneous. Katrina placed 1st in Introduce a Speaker and 2nd in Duo Impromptu while Juliana placed 1st in Storytelling, Duo Impromptu and Extemporaneous.

Best wishes to **Seniors Bella Chimile, Goehring Peterson, Jackson Shearer, Christian Yu, Junior Katrina Panek and Freshman Juliana Kitsko** who have now all qualified and will represent Central Valley High School at the national event!

NHS Inducts Its Newest Members

On **March 1st**, **Ms. Jones** and **Ms. Dzumba-Rubb** inducted twenty-three new members into the Central Valley Chapter of the National Honor Society. The ceremony was led by Senior NHS officers: **Kristina Lacenere (President)**, **Elena Marvin (Vice-President)**, **Mara Fisher (Secretary)**, **Mallory Bible (Treasurer)**, and officers-at-large **Brady Hudson, Macy Laughner, Alexander Lewis and Ava Weber**.



In order to apply for induction into NHS, juniors and seniors must have a GPA of 85 percent or higher at the end of their sophomore year or junior year, respectively. Students are then chosen based on various Character, Leadership and Service criteria. Once accepted into the NHS, students are then required to adhere to these standards and also participate in a number of activities as members during their remaining time in high school.

CVHS Musical Cast Performs *Godspell*

Every school year, students at Central Valley look forward to the start of spring and also to see what this year's High School Musical will bring. On **March 2-4th**, **Ms. Damp** directed a group of young emerging artists as they put their talents on full-display in the off-Broadway-hit *Godspell*. This musical, originally composed by Stephen Schwartz, focused on themes of forgiveness, mercy, kindness and community while featuring hit songs such as "Day by Day"

and "By My Side". Over fifty high school and middle school students auditioned in early January and dedicated countless hours after-school and on weekends leading up to the three-day performance.



Junior Cooper Mitchell starred in the lead role of Jesus and stated that musical season is by far the most enjoyable time of the year for himself and many of his castmates alike. He added, "I just love the opportunity to sing and act. This is my favorite time of the year because I get to put myself out there and truly express myself. It also gives me the opportunity to work closely with some of my best friends, while at the same time it creates new friendships that last a lifetime."

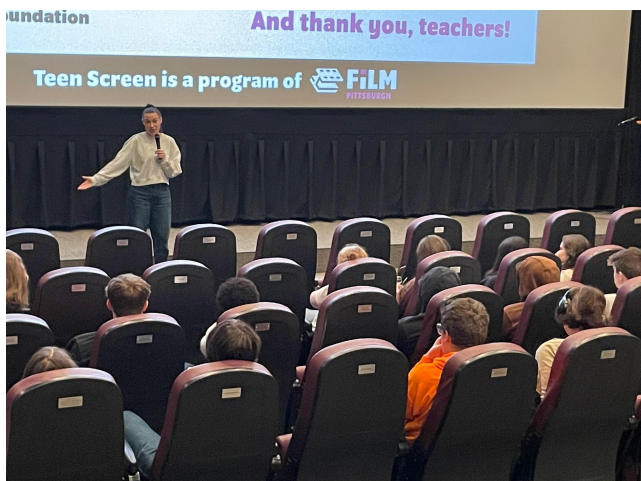
German= Lernen Macht Spaß (*Learning Made Fun*)

Learning outside the classroom can help teachers create enthusiasm for learning, provide a real-world context and expose students to a range of experiences beyond the classroom. Students who experience learning outside the classroom benefit from increased self-esteem and ultimately become more engaged in their education. **Ms. Kain's** German classes have spent much of this nine-week's grading period doing just that.



In **February**, students were busy preparing for the region's German Day Competition that included several other high schools from Western Pennsylvania and West Virginia. They practiced memorizing poems, reviewing trivia for the Culture Bowl, and created German-inspired art and architecture models. The competition took place at Washington & Jefferson College, on **March 14th**. In the end, CVHS won both second and third prize in the German Proverb Interpretation competition while our Culture Bowl Team finished in the Top 5, as well! **Sophomore Juniper Gessner** and **Freshman Kelsie Kakiou** won the top prizes. Next year they plan to take down all of the competition.

In addition to the German Day Competition, the German classes attended a the Holocaust/ Refugee Teen Screen event at the Lindsay Theater in Sewickley on **March 7th**. They watched a movie about refugees called "When Hitler Stole Pink Rabbit," and then they participated in a discussion with a Ukrainian Refugee who was able to escape the war with her daughter. Students were able to connect the characters' experiences in the 1933 movie to the 2023 refugee experience and learned how they can help today's refugees in the United States. In summary, Ms. Kain stated that the experience "was very moving, and the students' behavior was exemplary. I think they walked away with a lot of new information about our world."



Battle of the Bots Take Place at RMU

On **March 15th** the Central Valley Bots IQ team, sponsored by **Mr. Fiedler**, traveled to Robert Morris University's John Jay Center and competed against sixteen other schools in the Bots IQ Western Regional Preliminary competition. The results of the day established the seeding for the Bots IQ Final Competition on April 28 and 29 which will be held at PennWest University in California, PA.

Central Valley's robot, "Aggravated 'Salt", was designed and machined by students from the Bots IQ class and several Mechanical Engineering classes. Mr. Fiedler wanted to acknowledge our school's industry-partner Schroeder Industries and recognize them for their help, "There were several parts of the robot that were made by Schroeder for our team to help save some time. We have worked with Schroeder for the past sixteen years in which we have been involved with Bots IQ." Overall, our students did very well on the day as the competition was fierce and look forward to competing in the Finals. Good luck to our BotsIQ Team in April!



Holocaust and German Classes Visit Washington DC



On **March 16th**, students from **Ms. Zilian's** Holocaust class and **Ms. Kain's** German classes went on their biannual field trip to our nation's capital, Washington DC. Thirty-five students in total visited the US Holocaust Memorial Museum, Arlington Cemetary, and walked around the National Mall to visit the WWII, Lincoln, Vietnam and Korean Memorials, along with the Washington Monument.

The main focus of the field trip was to visit the Holocaust Memorial Museum and to reinforce the topics taught in the Holocaust and German classes, but all other visited sites allowed our students to grow in character by seeing the capital of our country firsthand.

Central Valley Band Hits the Windy City

Traditionally, the Central Valley High School Band takes a trip to visit and perform at either Disney World in Orlando, Florida or New York City, New York. This year they decided to switch things up a bit and set their sights to Chicago, Illinois.

On **March 16th**, Ms. Lewis and the band packed up and headed west to the Windy City for four days of action-packed excitement. Upon their arrival, students were given time to visit the Magnificent Mile and Water Tower Place in downtown Chicago. This was followed by a group lunch featuring Chicago-style pizza at the nationally recognized Giordano's restaurant. At night, the group was treated with a performance by the Blue Man Group at the Briar Street Theater.



The next day, students visited the Shedd Aquarium and were treated to an aquatic dolphin show. After that, it was time to perform. The Central Valley Concert Band entertained all visitors at the Field Museum of Natural History's Great Hall and later were given the opportunity to tour the museum themselves. The rest of the trip included a visit to Millennium Park and the Birds of Prey exhibit at the Lincoln Park Zoo, a Broadway show of ANNIE at the Cadillac Palace Theater and an afternoon on the Navy Pier.

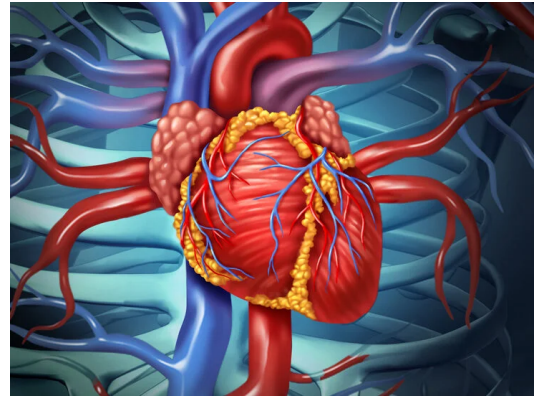
The highlight of the trip for many students included a stop at the 360° Chicago Observation Deck where they were able to enjoy the city views and the stunning Lake Michigan atop the second-tallest skyscraper in America, the Willis Tower.



According to Junior Drum Major Daelyn Dreher, "I would have never have gone to Chicago if it wasn't for the band trip. It was cool that every day we could be with a different group of people and it wasn't all about band. We really got to experience so much of the city in such a short amount of time!" Needless to say, this trip created so many positive memories that will last a lifetime.

Students Observe Open-Heart Surgery at AGH

On **March 22nd**, students in **Ms. Whipkey's** Human Anatomy class visited Allegheny General Hospital to observe a triple bypass surgery in-person. During the surgery, they were able to watch surgeon, Dr. Stephanie Bailey, open the thoracic cavity and prepare the heart for the bypass process. This included stopping the patient's heart and transferring the patient to the heart-lung machine. They also were able to witness the work of the physician assistant whose job was to isolate and remove the saphenous vein in the patient's left leg using endoscopic vein harvesting. Ultimately, students got a closer look at all of the different people and jobs that are necessary for such an operation to take place:



- surgeon and fellow (doctor training for cardio-thoracic specialty)
- physician assistant
- plethora of nurses
- perfusionist (runs the heart-lung machine)
- surgical tech
- anesthesiologist
- nurse anesthetists

Overall it was a great opportunity! The students in attendance were amazed and were given a unique experience to see and observe so many different careers in action!

BEYOND THE CLASSROOM:

FBLA Week Proclamation

Future Business Leaders of America (FBLA) were honored during National FBLA Week with a Proclamation on **February 9th** by the Beaver County Commissioners at the Courthouse. The CVHS Chapter, sponsored by **Ms. Delon**, has thirty-five students at CVHS who have qualified for the state competition in events such as Entrepreneurship, Hospitality, Political Science and Business Ethics. While students will compete at Hershey, PA in April, the ultimate goal is to make it to the national competition that will be held in July at Salt Lake City, UT. Best of luck to all competitors!



Club Hope Foundation Ball



On **February 11th**, members of Club Hope attended the Foundation's Annual Ball in New Castle at the Scottish Rite Cathedral. This was an evening to honor those impacted by cancer throughout the western Pennsylvania region. Our school was given a free table at the event because they were able to reach their fundraising goal through their many efforts throughout the year. The evening began with a slide show that paid homage to angels, fighters and survivors, including club sponsor **Ms. Brown**. It ended with a fun night of dining and dancing for the over 600 attendees that were there.

Battle of the Books

Junior **Riley Wilson** and freshman **Camden Bittner, Kitt Donis**, participated in the *High School Battle of the Books* on **February 28th** at Cornell High School. Their team name was "The First Editions." Beginning in October and through February, students in **Ms. Greco's** Book Club collectively read several novels on which they were asked three eight-question rounds of challenging and specific queries. The book list was based on student appeal, diverse subject matter and characters, literary merit, and representation of a wide variety of genres such as *Ace of Spades* by Farideh Abike-Iymideq, *All of Us Villains* by Amanda Foody and *All These Bodies* by Kendare Blake.



CV Bocce Reach Regional Finals

A pledge that athletes recite before any Special Olympic event states, "Let me win. But if I cannot win, let me be brave in the attempt." This year the Central Valley Bocce team certainly lived up to those words. Under the leadership of **Mr. DiBenedetto** and **Ms. Lombardi**, our high school fielded two teams that combined for a 4-1 regular season record. They closed out another successful post-season in March that was highlighted with a trip to the regional finals at Geneva College on **March 9th**.



The first round of the playoffs were played at Hopewell and included eight teams in a single elimination tournament. Each team needed to win two matches to move on to the regional finals. Their first match would be with Hopewell. After thirty minutes of play, the score was tied and an extra frame would have to be played to determine the winner. In that extra sudden death frame, the Warriors managed to squeak out a one point win over the Vikings. In the 2nd game, CV was warmed up and ready to go earning a convincing 13-1 victory over South Side. The team then traveled

to Geneva for the regional finals on **March 9th** with nine other teams. While CV won their first match against South Park, they came up just short of advancing to Hershey for the state championships. Overall, CV wound up in 5th place in the region that consists of 98 additional teams. The event was awesome and both teams had fun playing and cheering each other on.

Latin American Music and Dance Festival

On **March 22nd**, students in **Ms. Gibson's** Spanish classes were able to attend a field trip to the University of Pittsburgh to see the Latin American Music and Dance Festival. Students took an introspective journey to Hispanic nations of the Caribbean, Central and South America, and Spain to witness a dazzling display of traditional and modern dance, costumes and music. A great time was had by all!



IN OUR DISTRICT:

BCCTC Tour

On **February 23rd**, students at CVHS attended a field trip to tour the Beaver County Career & Technology Center. Students were able to pick two programs to tour from the wide variety of programs offered at the BCCTC. Students were able to choose from the following programs: Machine Tool Technology, Welding, Business Information Systems, Commercial Art & Design, Graphic Arts & Printing, Carpentry, HVAC-R, Electrical Occupations, Masonry/Bricklaying, Health Occupations, Veterinary Assistant, Cosmetology, Culinary Arts, Greenhouse/Landscaping, Automotive Technology, Collision Repair Technology, and Logistics & Material Management. CVHS students are able to attend the BCCTC during their 11th-grade year (10th for Cosmetology) and can earn 3 elective credits towards graduation at CVHS each year. **Ms. Istik & Ms. Watts** also held an application workshop for students interested in attending the BCCTC later in the month. If you have any questions about attending the BCCTC, please contact your school counselor.

CCBC Aim for the Future Friday

On **February 24th**, students interested in attending the CCBC Academies were able to tour the Aviation, Health Career, Criminal Justice, Education, Construction, and STEM academies. Students that attend the CCBC Academies have the opportunity to earn college credit in high-demand fields during their time in high school. Students interested in applying to the CCBC Academies can visit the counseling office for more information, or apply online <https://www.ccbc.edu/high-school-academies>.

SAT Testing

On **March 22nd**, Central Valley High School students were given the opportunity to take the SAT exams during the school day. The SAT exam is an entrance exam used by most colleges and universities to make admissions decisions. Although the vast majority of schools are not requiring SAT scores for the Class of 2023 that could possibly change for students entering higher learning in the Fall of 2024 or later. Students can still register to take the SATs by visiting the Guidance Office or creating a College Board account and registering online at: <https://satsuite.collegeboard.org/sat/registration/dates-deadlines>.

UPCOMING DATES TO REMEMBER:

- **March 30th**- First Day of the Fourth Nine-Weeks Grading Period
- **April 3-5th**- Individual Scheduling Meetings for 2023-24 (Grades 9-11)
- **April 5th**- Third Nine Weeks Report Distribution (Online in PowerSchool)
- **April 6-10th**- Easter Break (No School)
- **April 12th**- Central Valley School Board Meeting (Work Session)
- **April 28th**- Senior Project Presentations (HS Act 80 Day)
- **May 4th**- CVHS Awards Assembly
- **May 5th**- Prom
- **May 9th**- Band/ Jazz Band Pops and Pies Concert
- **May 10th**- Central Valley School Board Meeting (Work Session)
- **May 11th**- Academic Excellence Banquet
- **May 16-23rd**- Spring Keystone Exams
- **May 23rd**- Chorus/ Show Choir Concert
- **May 24-26th**- Senior Final Exams
- **May 29th**- Memorial Day Day (No School)
- **May 30th**- Senior Class Banquet
- **May 31st**- Baccalaureate
- **May 30th-June 1st**- Underclassmen Finals
- **June 2nd**- Last Day of School/ Commencement

